

## CLAIMS

### What is claimed is:

1. An apparatus in an internal combustion engine having a  
2 rotatable element that eccentrically moves at least one roller  
lifter to alter the phasing of the at least one roller lifter  
4 engaging with a cam, the apparatus comprising:

a constraining mechanism having at least one end member and  
6 at least two interior members connected to said at least one end  
member; and

8 at least one stationary block which slidably receives a one  
of said at least one end member allowing fore-and-aft movement  
10 of said constraining mechanism in cooperation with a first  
roller lifter in a first direction;

12 wherein said at least two interior members engage said  
first roller lifter to allow movement of said first roller  
14 lifter in a second direction to said first direction such that  
when the rotatable element eccentrically moves said first roller  
16 lifter, said first roller lifter is prevented from rotating  
about a longitudinal axis of said first roller lifter.

2. The apparatus according to claim 1 wherein said at  
2 least two interior members each engage a one of two flat  
surfaces of said first roller lifter to allow said movement in  
4 said second direction.

3. The apparatus according to claim 2 wherein said at  
2 least two interior members are substantially parallel to each  
other, and said two flat surfaces of said first roller lifter  
4 are substantially parallel to each other.

4. The apparatus according to claim 1 wherein said first  
2 direction and said second direction range from being  
substantially perpendicular to each other to an orientation not  
4 too close to parallel such that the at least one roller lifter  
becomes constrained from moving eccentrically while being  
6 prevented from rotating about said longitudinal axis.

5. The apparatus according to claim 1 further comprising:  
2 a second roller lifter aligned with said first roller  
lifter; and  
4 an additional pair of interior members connected to said at  
least one end member, wherein said additional pair of interior  
6 members each engage a one of two flat surfaces of said second  
roller lifter to allow movement of said second roller lifter in  
8 said second direction, and said second roller lifter is  
prevented from rotating about a longitudinal axis of said second  
10 roller lifter.

6. The apparatus according to claim 5 wherein said  
2 additional pair of interior members are substantially parallel  
to each other, and said two flat surfaces of said second roller  
4 lifter are substantially parallel to each other.

7. The apparatus according to claim 1 wherein said at  
2 least two interior members each have a slot, and further wherein  
said first roller lifter has two locating pins extending from  
4 opposite sides of said first roller lifter and perpendicular to  
said longitudinal axis of said first roller lifter, wherein each  
6 of said two locating pins engages with a one of said slots of  
said at least two interior members to allow said movement of  
8 said first roller lifter in said second direction.

8. The apparatus according to claim 1 wherein each of  
2 said at least two interior members have an engaging pin, and  
further wherein said first roller lifter has a first groove and  
4 a second groove located on opposite sides of said first roller  
lifter from each other and parallel to said longitudinal axis of  
6 said first roller lifter, wherein one of said engaging pins of  
said at least two interior members engages with said first  
8 groove and an other of said engaging pins of said at least two  
interior members engages with said second groove in said first  
10 roller lifter to allow said movement of said first roller lifter  
in said second direction.

9. An apparatus in an internal combustion engine having a  
2 rotatable element that eccentrically moves at least one roller  
lifter to alter the phasing of the at least one roller lifter  
4 engaging with a cam, the apparatus comprising:

a constraining mechanism having at least one end member and  
6 at least one interior member connected to said at least one end  
member;

8 at least one stationary block which slidably receives a one  
of said at least one end member allowing fore-and-aft movement  
10 of said constraining mechanism in cooperation with a first  
roller lifter in a first direction; and

12 a spring biased against said at least one interior member;  
wherein said spring and said at least one interior member  
14 engage said first roller lifter to allow movement in a second  
direction to said first direction such that when the rotatable  
16 element eccentrically moves said first roller lifter, said first  
roller lifter is prevented from rotating about a longitudinal  
18 axis of said first roller lifter.

10. The apparatus according to claim 9 wherein said at  
2 least one interior member engages at least one flat surface of  
said first roller lifter to allow movement in said second  
4 direction.

11. The apparatus according to claim 9 wherein said first  
2 direction and said second direction range from being  
substantially perpendicular to each other to an orientation not  
4 too close to parallel such that the at least one roller lifter  
becomes constrained from moving eccentrically while being  
6 prevented from rotating about said longitudinal axis.

12. The apparatus according to claim 9 further comprising:  
2 a second roller lifter aligned with said first roller  
lifter; and

4           an additional interior member connected to said at least  
one end member, wherein said additional interior member engages  
6   a flat surface of said second roller lifter to allow movement in  
said second direction, and said second roller lifter is  
8   prevented from rotating about a longitudinal axis of said second  
roller lifter.

13. A method for controlling the orientation of at least  
2 one roller lifter in an internal combustion engine having a  
rotatable element that eccentrically moves the at least one  
4 roller lifter to alter the phasing of the at least one roller  
lifter engaging with a cam, the method comprising:  
6 (a) slidably receiving a constraining mechanism in at  
least one stationary block, wherein said constraining mechanism  
8 in cooperation with a first roller lifter is only allowed to  
move fore-and-aft in a first direction;  
10 (b) engaging at least two interior members of said  
constraining mechanism with said first roller lifter, wherein  
12 said first roller lifter is allowed to move in cooperation with  
said constraining mechanism in a second direction to said first  
14 direction;  
(c) eccentrically moving in said first and second  
16 directions said first roller lifter with the rotatable element  
engaged with said first roller lifter; and  
18 (d) preventing said first roller lifter from rotating  
about a longitudinal axis of said first roller lifter through  
20 the cooperation of said first roller lifter with said  
constraining mechanism.

14. A method according to claim 13 wherein step (a)  
2 further comprises:  
slidably receiving a first end member of said constraining  
4 mechanism in a first of said at least one stationary blocks; and  
slidably receiving a second end member of said constraining  
6 mechanism in a second of said at least one stationary blocks.

15. A method according to claim 13 wherein step (b)  
2 further comprises:  
engaging a first of said at least two interior members of  
4 said constraining mechanism with a first flat surface of said  
first roller lifter; and  
6 engaging a second of said at least two interior members of  
said constraining mechanism with a second flat surface of said  
8 first roller lifter;

wherein said first flat surface and said second flat  
10 surface are substantially parallel to each other.

16. A method according to claim 13 wherein said first  
2 direction and said second direction range from being  
substantially perpendicular to each other to an orientation not  
4 too close to parallel such that the at least one roller lifter  
becomes constrained from moving eccentrically while being  
6 prevented from rotating about said longitudinal axis.

17. A method according to claim 13 further comprising:  
2 engaging at least two additional interior members of said  
constraining mechanism with a second roller lifter aligned with  
4 said first roller lifter, wherein said second roller lifter is  
allowed to move in said second direction;  
6 eccentrically moving in said first and second directions  
said second roller lifter with the rotatable element engaged  
8 with said second roller lifter; and  
preventing said second roller lifter from rotating about a  
10 longitudinal axis of said second roller lifter through the  
cooperation of said second roller lifter with said at least two  
12 additional interior members of said constraining mechanism.

18. A method according to claim 13 wherein step (b)  
2 further comprises:  
engaging a slot within a first of said at least two  
4 interior members of said constraining mechanism with a first  
locating pin on said first roller lifter; and  
6 engaging a slot within a second of said at least two  
interior members of said constraining mechanism with a second  
8 locating pin on said first roller lifter;  
wherein said first locating pin and said second locating  
10 pin extend from opposite sides of said first roller lifter.

19. A method according to claim 13 wherein step (b)  
2 further comprises:

engaging an engaging pin within a first of said at least  
4 two interior members of said constraining mechanism with a first  
groove on said first roller lifter; and  
6 engaging an engaging pin within a second of said at least  
two interior members of said constraining mechanism with a  
8 second groove on said first roller lifter;  
wherein said first groove and said second groove are  
10 located on opposite sides of said first roller lifter and  
parallel to said longitudinal axis of said first roller lifter.

20. A method for controlling the orientation of at least  
2 one roller lifter in an internal combustion engine having a  
rotatable element that eccentrically moves the at least one  
4 roller lifter to alter the phasing of the at least one roller  
lifter engaging with a cam, the method comprising:  
6 (a) slidably receiving a constraining mechanism in at  
least one stationary block, wherein said constraining mechanism  
8 in cooperation with a first roller lifter is only allowed to  
move fore-and-aft in a first direction;  
10 (b) engaging at least one interior member of said  
constraining mechanism with said first roller lifter;  
12 (c) biasing a spring against said at least one interior  
member, wherein said first roller lifter is allowed to move in  
14 cooperation with said constraining mechanism in a second  
direction to said first direction;  
16 (d) eccentrically moving in said first and second  
direction said first roller lifter with a rotatable element  
18 engaged with said first roller lifter; and  
(e) preventing said first roller lifter from rotating  
20 about a longitudinal axis of said first roller lifter through  
the cooperation of said first roller lifter with said  
22 constraining mechanism.

21. A method according to claim 20 wherein step (a)  
2 further comprises:  
slidably receiving a first end member of said constraining  
4 mechanism in a first of said at least one stationary blocks; and  
slidably receiving a second end member of said constraining  
6 mechanism in a second of said at least one stationary blocks.

22. A method according to claim 20 wherein step (b)  
2 further comprises:  
engaging said at least one interior member of said  
4 constraining mechanism with a flat surface of said first roller  
lifter.



23. A method according to claim 20 wherein said first  
2 direction and said second direction range from being  
substantially perpendicular to each other to an orientation not  
4 too close to parallel such that the at least one roller lifter  
becomes constrained from moving eccentrically while being  
6 prevented from rotating about said longitudinal axis.

24. A method according to claim 20 further comprising:  
2 engaging at least one additional interior member of said  
constraining mechanism with a second roller lifter aligned with  
4 said first roller lifter, wherein said second roller lifter is  
allowed to move in said second direction;  
6 eccentrically moving in said first and second directions  
said second roller lifter with the rotatable element engaged  
8 with said second roller lifter; and  
preventing said second roller lifter from rotating about a  
10 longitudinal axis of said second roller lifter through the  
cooperation of said second roller lifter with said at least one  
12 additional interior member of said constraining mechanism.

25. An apparatus in an internal combustion engine having a  
2 rotatable element that eccentrically moves at least one roller  
lifter to alter the phasing of the at least one roller lifter  
4 engaging with a cam, the apparatus comprising:  
a first constraining mechanism having a deformable member,  
6 said deformable member further comprising:  
a first end which pushes against a flat surface of a first  
8 roller lifter;  
wherein said constraining mechanism allows fore-and-aft  
10 movement of said first roller lifter in a first direction  
coincident with the deflection of said deformable member, and  
12 allows movement of said first roller lifter in a second  
direction to said first direction such that when the rotatable  
14 element eccentrically moves said first roller lifter, said first  
roller lifter is prevented from rotating about a longitudinal  
16 axis of said first roller lifter.

26. The apparatus according to claim 25 wherein said first  
2 constraining mechanism further comprises:  
a base; and  
4 a second end of said deformable member attached to said  
base;  
6 wherein said base is attached to the internal combustion  
engine.

27. The apparatus according to claim 25 wherein said first  
2 direction and said second direction range from being  
substantially perpendicular to each other to an orientation not  
4 too close to parallel such that the at least one roller lifter  
becomes constrained from moving eccentrically while being  
6 prevented from rotating about said longitudinal axis.

28. The apparatus according to claim 25 further  
2 comprising:  
a second roller lifter aligned with said first roller  
4 lifter; and

6 a second constraining mechanism having a deformable member  
6 having a first end which pushes against a flat surface of said  
second roller lifter;  
8 wherein said second constraining mechanism allows fore-and-  
aft movement of said second roller lifter in said first  
10 direction coincident with the deflection of said deformable  
member, and allows movement of said second roller lifter in said  
12 second direction such that when the rotatable element  
eccentrically moves said second roller lifter, said second  
14 roller lifter is prevented from rotating about a longitudinal  
axis of said second roller lifter.

29. The apparatus according to claim 28 wherein said  
2 second constraining mechanism further comprises:  
a base; and  
4 a second end of said deformable member attached to said  
base;  
6 wherein said base is attached to the internal combustion  
engine.

30. A method for controlling the orientation of at least  
2 one roller lifter in an internal combustion engine having a  
rotatable element that eccentrically moves the at least one  
4 roller lifter to alter the phasing of the at least one roller  
lifter engaging with a cam, the method comprising:  
6 (a) attaching a first constraining mechanism to the  
internal combustion engine;  
8 (b) engaging a first end of a deformable member of said  
first constraining mechanism with a flat surface of a first  
10 roller lifter, wherein said first roller lifter, in cooperation  
with said first constraining mechanism is allowed to move fore-  
12 and-aft in a first direction coincident with the deflection of  
said deformable member, and is allowed to move in a second  
14 direction to said first direction;  
(c) eccentrically moving in said first and second  
16 directions said first roller lifter with the rotatable element  
engaged with said first roller lifter; and  
18 (d) preventing said first roller lifter from rotating  
about a longitudinal axis of said first roller lifter through  
20 the cooperation of said first roller lifter with said first  
constraining mechanism.

31. A method according to claim 30 wherein step (a)  
2 further comprises:  
attaching a base of said first constraining mechanism to  
4 the internal combustion engine; and  
attaching a second end of said deformable member of said  
6 first constraining mechanism to said base.

32. A method according to claim 30 wherein said first  
2 direction and said second direction range from being  
substantially perpendicular to each other to an orientation not  
4 too close to parallel such that the at least one roller lifter  
becomes constrained from moving eccentrically while being  
6 prevented from rotating about said longitudinal axis.

33. A method according to claim 30 further comprising the  
2 steps of:

(e) repeating steps (a) through (d) for a second  
4 constraining mechanism having a first end of a deformable member  
engaged with a flat surface of a second roller lifter.

34. A method according to claim 33 further comprising:

2 attaching a base of said second constraining mechanism to  
the internal combustion engine; and

4 attaching a second end of said deformable member of said  
second constraining mechanism to said base.